



Inclusive and accessible care in practice

- Yasmine Abchaoui
- Holistic Midwife
- Specialized in Racial and Social Justice
- Aframedica boardmember
- Experiences in Uganda, Fertility Clinic, Labour Ward
- Workshops Decolonize 101

Case

- Language barrier
- Legal formalities
- Socio-economical aspects
- Cultural misunderstanding

Facing obstacles

- No network (lack of information, lack of adapted and adequate care)
- Language
- Systemic Racism (lack of cultural notion or "different"/other forms of care)
- Leaving things behind (not a correct diagnose because of the lack of information or wrong translated information)
- Not using the community-based care, familiar for patient

Facing obstacles

- Research and numbers: differences in maternal mortality
- 4 times higher Black and Brown people
- Racism kills – Racial bias makes ill
- Focussing too much on the interpersonal racism/individual racism and not enough on the bigger picture...

Importance of skills-training for professionals

- Workshops
- Education at work
- Language use and decolonizing the mind
- Adapting medical tools and guidelines
- A lot of measuring devices are old and outdated
- Literature

Who or what to contact

- Afromedica



Interesting reads/ sources

- Literature : A systemic approach to the psychology of racial bias within individuals and society,...
- Layal Liverpool – Racism Kills
- Mind The Gap
- An Antropology of Biomedicine
- Black Man in a White Coat
- TedxTalk: Combating Racism and Place-ism in Medicine
- Podcast: Race and Health